

PRIMARY SOURCES (INFORMAL SURVEYS)

EXERCISE

Here is a short survey which you can administer to a few friends or classmates (let them know that this survey is strictly informal and will only be used for learning purposes).

1. What kind of operating system do you use? CIRCLE ONE
 - a) Windows-Based
 - b) Apple
 - c) Linux

2. How many hours do you spend on your computer per day? CIRCLE ONE
 - a) One to Five Hours
 - b) Six to Ten Hours
 - c) More than Ten Hours

3. Do you feel like your eyes get tired when staring at the screen for more than an hour? CIRCLE ONE
 - a) Yes
 - b) No

4. Do your eyes ever get red or "blood-shot" when staring at the screen for a long period of time? CIRCLE ONE
 - a) Yes
 - b) No

5. Do you wear glasses? CIRCLE ONE
 - a) Yes
 - b) No

6. Do you ever get headaches when using the computer? CIRCLE ONE
 - a) Yes
 - b) No

7. Do you ever get headaches from staring at the screen? CIRCLE ONE
 - a) Yes
 - b) No

8. Have you ever altered the screen modulation settings? CIRCLE ONE
 - a) Yes

b) No

9. If so, what is your screen modulation set to? CIRCLE ONE

a) Less than 75hz

b) 75hz-100hz

c) 101hz-150hz

d) More than 150hz

e) I Don't Know/I'm Not Sure

10. How far from the screen are your eyes (on average)? CIRCLE ONE

a) 12 inches or Less

b) More than 12 inches

11. Do flashing objects on the internet or the computer seem to irritate your eyes? CIRCLE ONE

a) Yes

b) No

12. Do flashing objects on the internet seem to annoy you? CIRCLE ONE

a) Yes

b) No

Note: After you have completed the survey, tally the results from the survey. Make sure that your total number of responses for each question matches the total number of surveys you administers (this step prevents any sources of error in the survey process in relation to the number of participants).